

Section 8 Snowsport Institute - SLT - Snowboard Leadership Training Program

Equipment Check List

Snowboarding Equipment

- Snowboard - Freeride or all mountain board is best.
(In addition, if you have a freestyle board, carving board or split board you may also bring them)
- Snowboard Boots and Bindings - Freeride or freestyle.
- Goggles - Sunny lens and flat light lens is recommended
- Helmet (highly recommended)

Outdoor Gear

- Toque (wool hat) Gloves (2 pairs recommended) Neck warmer or balaclava
- Sport sunglasses Sunscreen Sun hat or bandana
- Waterproof breathable jacket & pants Plenty of insulating layers (fleece works well)
- Wicking long underwear Lots of thin snowboarding socks Thick wool socks
- Day hiking pack Down jacket (optional) Down booties (optional)

Camping Gear

- 60 - 90 litre overnight backpack Headlamp or flashlight
- Minimum -12C sleeping bag Sleeping pad (ensolite, thermarest or similar)
- Water bottle Pocket knife or multitool Compass Lighter
- Stuff sacks Several garbage bags Unbreakable cup, bowl, and spoon

Travel Gear

- Passport and travel documents (if necessary) Medical & travel insurance information
- Toiletries kit Any necessary medications 2 pad locks
- Extra clothing (For social gatherings, road trips and dryland training.)
- Spending Money (For lunches on the hill, breakfasts and weekend meals, social outings, optional weekend adventures etc.) Running shoes Bathing suit & towel

Classroom Study

- Binder or note book Pocket note book(waterproof) Pencils/pen

Optional

- Camera Music Reading material Other

Other necessary equipment will be supplied.

Note* Section 8 students will receive discounts with various local retailers so it may be wise to wait until your arrival if you are in the market for new gear. We can also help you select equipment best suited to your needs.